



# How to survive in college

Friendship management

Group 6

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**In college, we should .....**

- Learn how to balance study, work, and social life.**
- Choose friends who support your goals and values.**
- Respect differences and communicate honestly.**
- Let go of toxic friendships.**

# Catalog

There are 4 types of friends

- casual friends
- work friends
- best friend
- soulmate



# Casual Friendship



- A co-worker you get lunch with
- A neighbor you chat with occasionally
- Someone from your exercise class or book club
- A friend of a friend you see at parties

# Characteristics of Casual Friendship

**Low interdependence:**



**Lack of deep intimacy:**





# Work /goal friend

These are the people you connect with mainly because you share a purpose. Usually you meet this type of friend through:

- clubs
- exams
- projects
- assignments
- competitions





# Best friend

1. You trust and share personal thoughts.
2. Always there to help and listen.
3. Feel more like family than just friends.
4. You can spend time together without pressure — silence feels natural.





# "Friendships in Soulmate"

Pick up your bf/gf  
seriously.  
Your choice might  
change your whole life.



See how he/she deal  
with conflicts.  
Go travel or  
live together for a while.



# Conclusion

Always remember,  
friendships is  $1+1 > 3$ .

**T h e E n d**

Thank you for listening